

MASTER COURSE IN FOOD ALLERGY

International Faculty Program of Allergy School

Endorsed by: ISAAS (Initiative for Sleep, Asthma and Allergy Sciences), India & CFAAR (Center for Food Allergy & Asthma Research), USA

18 Sessions | 4 Months | Online | Certified by ISAAS, India & CFAAR, USA

Program Structure:

- 18 Live Online Sessions
- 2 International Grand Rounds
- 2-Day Practical Clinical Summit (PCS)
- Certification Examination
- Portfolio Assessment

Target Audience:

- Pediatricians, Allergists, Pulmonologists, Gastroenterologists
- Dermatologists, ENT Specialists, Pediatric Gastroenterologists
- Fellows and Trainees interested in Food Allergy Practice

Session	Session Title
MODULE 1: FOUNDATIONS OF FOOD ALLERGY	
1	Global Burden and Fundamentals of Food Allergy
2	Immunopathogenesis of Food Allergy
3	Food Allergens, Cross-Reactivity and Environmental Influences
4	Precision Medicine in Food Allergy
MODULE 2: CLINICAL SPECTRUM OF FOOD ALLERGY	
5	Clinical Phenotypes of Food Allergy
6	Special Food Allergy Syndromes
7	Food Allergy Across the Lifespan
8	Food Allergy Mimickers
MODULE 3: DIAGNOSTICS IN FOOD ALLERGY	
9	Clinical Diagnosis and Diagnostic Algorithms
10	Conventional Allergy Testing
11	Advanced Diagnostics
12	Oral Food Challenge Masterclass

Session	Session Title
MODULE 4: NON-IgE FOOD ALLERGY AND EGIDs	
13	Non-IgE-Mediated Food Allergy
14	Eosinophilic Gastrointestinal Diseases (EGIDs)
15	Management of EGIDs
MODULE 5: MANAGEMENT, THERAPEUTICS AND FUTURE DIRECTIONS	
16	Acute Management and Anaphylaxis
17	Long-Term Management, Nutrition and Quality of Life
18	Immunotherapy, Biologics, Prevention and Future of Food Allergy

INTERNATIONAL GRAND ROUNDS (Optional)	
Grand Round 1	Diagnostic Dilemmas in Food Allergy <ul style="list-style-type: none"> • Multiple food allergy • Alpha-gal syndrome • Food-dependent exercise-induced anaphylaxis • Severe anaphylaxis
Grand Round 2	Advanced Food Allergy Management <ul style="list-style-type: none"> • Component-resolved diagnostics interpretation • Basophil activation test interpretation • Oral immunotherapy candidate selection • EGID management • Non-IgE-mediated food allergy

2-DAY PRACTICAL CLINICAL SUMMIT (PCS)	
DAY 1 — Hands-On Clinical Workshops	
Workshop 1	Skin Prick Testing
Workshop 2	Component-Resolved Diagnostics Interpretation
Workshop 3	Oral Food Challenge Planning and Safety
Workshop 4	Anaphylaxis Simulation Laboratory
Workshop 5	Food Label Reading and Nutritional Counselling
Workshop 6	Building a Food Immunotherapy Program

2-DAY PRACTICAL CLINICAL SUMMIT (PCS)

DAY 2 — International Food Allergy Summit

Session 1	Meet the Masters
Session 2	Complex Case Discussions
Session 3	Debate: Should Oral Immunotherapy Become Standard of Care?
Session 4	EGID Clinicopathological Conference
Session 5	Food Allergy 2035: The Future of Precision Food Allergy Care
Session 6	Participant Hot Seat: Presentation of Challenging Cases

Assessment & Certification:

- Part A: 60–75 MCQs
- Case-based + application-oriented questions
- Coverage: All 18 Sessions
- Passing Criteria: Minimum 60% marks
- Certification: Joint Certificate by ISAAS & CFAAR — Certificate in Advanced Food Allergy Practice